

# Understanding Your **AGE-RELATED MACULAR DEGENERATION**

## **QUESTIONS TO ASK YOUR EYE DOCTOR**

- **What kind of macular degeneration do I have?**

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- **What is the visual acuity in my central vision?**

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- **How advanced is my macular degeneration?**

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- **Is it safe for me to drive?**

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- **Will I experience further vision loss?**

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- **Will taking a vitamin or mineral supplement help prevent further vision loss?**

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- **What's the best way to monitor my vision for any changes?**

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- **What low-vision aids or adaptive devices might be helpful to me?**

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# QUESTIONS YOUR EYE DOCTOR MAY ASK

- When did you first notice your vision problem?

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- Does the condition affect one or both eyes?

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- Do you have trouble seeing things near to you, at a distance, or both?

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- Do you smoke?

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- Do you have other medical problems, such as high cholesterol, high blood pressure, or diabetes?

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- Do you take any vitamins or supplements?

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- What medications do you take?

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- What types of foods do you eat?

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- Do you have a family history of macular degeneration?

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SOURCE: MayoClinic.com

## FOR MORE INFORMATION:

Macular Degeneration Partnership  
[AMD.org](http://AMD.org)

National Eye Institute, part of the National Institutes of Health  
[NEI.NIH.gov/Health/MacularDegen/ARMD\\_Facts.asp](http://NEI.NIH.gov/Health/MacularDegen/ARMD_Facts.asp)

The American Academy of Ophthalmology  
[GetEyeSmart.org/eyesmart/](http://GetEyeSmart.org/eyesmart/)