**TABLE 6-14. SUMMARY OF CLINICAL CRITERIA OF CERVICGENIC, TENSION-TYPE HEADACHE, AND MIGRAINE**

<table>
<thead>
<tr>
<th>CERVICOCENIC HEADACHE</th>
<th>TENSION-TYPE HEADACHE</th>
<th>MIGRAINE WITHOUT AURA</th>
</tr>
</thead>
</table>
| **A. Pain referred from the neck and perceived in 1 or more head regions and/or face, fulfilling C and D** | Episodic:  
- At least 10 episodes occurring <1 day/month on average (<12 days/year) and fulfilling criteria 2 to 4  
- Frequent episodic:  
  - At least 10 episodes occurring on ≥1 but <15 days/month for at least 3 months  
  - Headache lasts from 30 minutes to 7 days  
  - Headache has at least 2 of the following:  
    - Bilateral location  
    - Pressing/tightening (nonpulsating) quality  
    - Mild or moderate intensity  
    - Not aggravated by routine activity (walking or stairs)  
  - Both of the following:  
    - No nausea or vomiting  
    - No more than 1 of photophobia or phonophobia  
    - Not attributed to another disorder | Headache attacks lasting 4 to 72 hours (untreated or unsuccessfully treated)  
- Headache has at least 2 of the following:  
  - Unilateral location  
  - Pulsating quality  
  - Moderate or severe intensity  
  - Aggravations by or causing avoidance of routine activity (walking or stairs)  
- During headache at least 1 of the following:  
  - Nausea and/or vomiting  
  - Photophobia and phonophobia  
  - Not attributed to another disorder  
- Having had at least 5 attacks of headache fulfilling these criteria |
| **B. Clinical, lab, and/or imaging evidence of a cervical spine disorder known or accepted as a valid cause of headache** | **C. Evidence that pain is due to a neck disorder based on at least 1 of the following:**  
- Clinical signs that implicate a source of neck pain  
- Abolition of headache after diagnostic blockade | **D. Pain resolves within 3 months of successful treatment of the causative disorder** |
| **D. Pain resolves within 3 months of successful treatment of the causative disorder** | **E. Symptoms/signs of neck involvement:**  
- Precipitation of the head pain similar to the usual occurring one:  
  - By neck movement and/or sustained awkward head posture  
  - By external pressure over the upper cervical or occipital region on the symptomatic side  
- Restriction of neck ROM  
- Ipsilateral neck, shoulder, or arm pain of vague nonradicular or occasionally radicular nature | **F. Chronic:**  
- Headache occurring on > 15 days/month on average for > 3 months per year and fulfilling criteria 2 to 4  
- Headache lasts for hours or may be continuous  
- Same as for episodic  
- Both of the following:  
  - No more than 1 of photophobia, phonophobia, or mild nausea  
  - Neither moderate or severe nausea or vomiting  
- Not attributed to another disorder |

(continued)